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AND WHY HE APOLOGIZED

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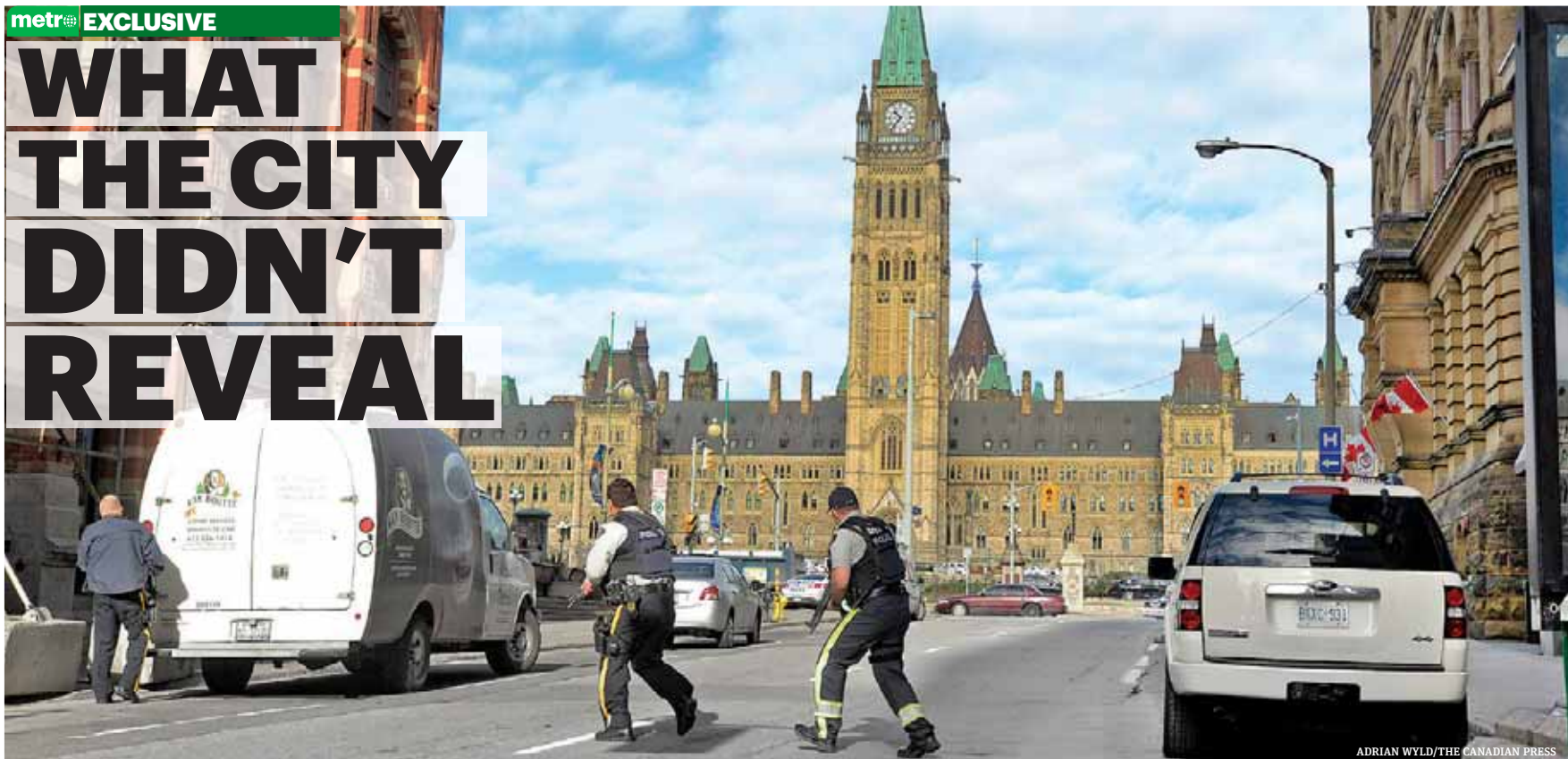
Your essential daily news | TUESDAY, AUGUST 11, 2015

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WHAT THE CITY DIDN'T REVEAL



ADRIAN WYLD/THE CANADIAN PRESS

Details of censored Parliament Hill shooting report released metroNEWS

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TREASURY BOARD

Unions file motion to stop C-59



Michael Woods
Metro | Ottawa

Public servants' unions have filed an injunction aimed at preventing the federal Treasury Board from imposing a new short-term disability regime.

In a motion filed in Ontario Superior Court Monday, 12 unions are asking for an injunction to prevent the government from imposing a new sick leave regime until a court determines Bill C-59's constitutionality.

In June, the unions launched a constitutional challenge of Section 20 of the bill, which became law in June and gives the Treasury Board the power to impose new sick leave provisions. These provisions would decrease sick leave credits and remove employees' longstanding ability to bank sick days from year to year.

"What we're basically contending is if we want to continue engaging in real collective bargaining, we cannot have this Damocles sword hanging over our head, that at any point Treasury Board can say we're done, and we're imposing whatever," said Emmanuelle Tremblay, president of the Canadian Association of Professional Employees, one of the unions that filed the injunction.

The application argues that unions and their members will suffer "irreparable harm" without an injunction, alleging Bill C-59 undermines collective bargaining rights.

Ash borer meets old friend

NATURAL PREDATOR

Stingless wasp released to help fight pesky green beetle



Haley Ritchie
Metro | Ottawa

A species of tiny, non-stinging wasps native to China are be-

ing introduced in forests across Ontario — an imported solution to the imported problem of the emerald ash borer.

"We call them stingless wasps — I try to make that pretty clear to everybody," said Barry Lyons, a scientist with Natural Resources Canada who advocated to have the species — known as the oobius agrili — approved.

The invasive emerald ash borer has few natural predators in Canada, allowing the species to have a quick and devastating effect on the leafy emerald

ash, a popular tree inside cities like Ottawa.

Lyons hopes to strike back by introducing the borer's enemy.

"They're very tiny and aren't capable of doing any harm to humans or their pets," he said.

They do cause harm to the borer — which is the whole point of introducing them across Ontario and parts of Quebec.

In a process deserving of an "Alien" comparison, the oobius agrili lays its eggs inside the eggs of the borer. When the wasps

hatch they eat their way out, destroying the borer's offspring.

The oobius agrili is currently being used in the United States. The wasps planted in Ottawa and the surrounding area are imported from a growing facility in Brighton, Mich.

A similar species of wasp approved by the Canadian Food Inspection Agency in 2013 attacks the larvae of the borer, but the oobius agrili was delayed because of concerns about environmental disruption.

"We're fairly confident that

both these species are almost totally specific to emerald ash borer," said Lyons. "The potential benefits of this insect outweigh the risk of it attacking a couple of other species, which tend to be pest species anyway."

He said the goal is to slow down the destruction of the borer, although it will never be completely eradicated.

While ash trees are rarely planted in Ontario anymore, the oobius agrili might reduce the risk of the species taking hold in other provinces.



PROTEST STANDING UP FOR PRISONERS' SAFETY Demonstrators gather outside the Human Rights Monument on Monday afternoon to commemorate Prisoners' Justice Day. Every Aug. 10, inmates across the country fast and take work strikes to honour those who have died behind bars. The tradition started after inmate Edward Nolan committed suicide in the Millhaven maximum security institution in 1974. Since then, demonstrators have also taken the day to spread awareness of other prison issues, including those linked to mental health. LUCY SCHOLEY/METRO

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6

THINGS TO KNOW FOR THE PERSEID METEOR SHOWER

Wednesday is the astronomical event of the year. The celestial show coincides with a new moon this year, meaning an extra-bright array of shooting stars.

HALEY RITCHIE METRO

Local astronomer Gary Boyle plans to be watching the show from his countryside home outside of Ottawa, but he's encouraging everyone in the city and outside it to stay up late on Wednesday.

"Last year the moon(light) brought down the average number of meteors from about 100 to about 30. This year will be a good time to see it and it will be an all-night event," he said.

Here is Boyle's advice for those to want to see the show Wednesday night, whether your ambition is to take photos, share science with the kids or wish on a few (hundred) shooting stars.



1 Where to go

Boyle says the most important thing for seeing stars is getting out of reach of city lights. Cities like Ottawa generate considerable "light pollution," and the farther you can get away from the downtown the better. Boyle recommends driving toward Kemptville or similar areas outside the suburbs. Safety is also important — don't just pull over to the side of the road, as vehicles and people can be hard to see at night. Don't trespass, either: Many property owners won't take your scientific enthusiasm as an excuse. Try visiting a park or call up friends who live outside the city for a good view.



2 What you'll see

Tiny meteors will be colliding with the Earth's atmosphere all week, but Wednesday night will be the most vivid display. Up to 100 particles per hour will be visible as a shower of bright shooting stars. Even better, the moon will be a thin sliver, meaning the light won't interfere with the show.

3 What's actually happening?

According to Boyle, what's going on in the atmosphere is a lot more complicated than just pretty shooting stars. What you're seeing is the remains of Comet Temple-Tuttle from 1992. The sand-size debris is colliding with our atmosphere — the particles are so small and moving so fast (58 km/second) that they vaporize 80 kilometres above us.



5 What time to look

The show will peak this week on Tuesday, Wednesday and Thursday morning. The best time to "tune in" is anytime after midnight, but the largest number of meteors is expected at 4 a.m. Thursday morning.

4 What you'll need

You won't need a telescope or binoculars to see the show, as long as you're far from light pollution. You will need to find an area in the countryside where you won't be trespassing. Bring contact lenses or glasses if you need them for long vision, and give your eyes at least 30 minutes to adjust to the darkness.



6 What to do next

If you enjoy the show Wednesday and want to get more involved in astronomy, check out the Ottawa Centre of the Royal Astronomical Society of Canada. Boyle is a prominent member who helps with public outreach. He helps organize regular "star parties" across the city and is currently crowdfunding to rebuild his observatory.



MP newsletters should go digital, McKenna says

CAMPAIGN

Move would save money, candidate points out



Michael Woods
Metro | Ottawa

An Ottawa Liberal candidate wants restrictions on the number of newsletters MPs can mail to their constituents.

Catherine McKenna, running for the Liberals in Ottawa Centre, is calling for the taxpayer-funded MP mailouts in urban ridings to be cut in half.

She says the move would save money, reduce waste and lead to more meaningful interaction between MPs and their constituents.

"(The mailouts) were suited for politics 10 or 20 years ago when people didn't have access

to the Internet," McKenna said in an interview. "The amount of money that's being spent is really astounding, and it's really not the best way to communicate."

Expenditure reports for House of Commons members show that more than \$7 million was spent on the mailings in the last fiscal year; about \$4.6 million on "householders," which MPs can send to their own constituents, and about \$2.4 million on "ten per centers", which can be sent to other ridings in numbers equal to 10 per cent of the electors in their own riding.

That averages out to more than \$22,000 per year per MP. McKenna also noted that Ottawa Centre NDP MP Paul Dewar, whom she is aiming to unseat, spent more than \$43,000 last year on printed mailings to constituents.

They're also not necessarily all that informative and "often end up in the garbage," she said.

"I'm sure there are many, many people who would far pre-



Ottawa Centre Liberal candidate Catherine McKenna. MICHAEL WOODS/METRO

fer to get this material by email as opposed to getting paper copies that are just thrown out," she said, adding that MPs should be engaging with constituents through social media and other

avenues of communication.

McKenna said with the addition of 30 new MPs, the mailouts under the status quo could cost more than \$30 million over a four-year Parliament.

McKenna says the rule should apply to urban ridings, where most people can access the Internet at home, or who can get access to it in public places, such as the library.

IN BRIEF

Police probing possible drowning in Barrhaven

Ottawa police are investigating a possible drowning at a Barrhaven quarry.

A call came in around 8 p.m. Sunday night about a possible drowning in the O'Keefe Court area.

Ottawa police along with Ottawa Fire and paramedics searched the area. The dive team was called in, and found a body Monday morning. METRO

Fraudsters racked up \$9,000 at city shops

Ottawa police are looking for two men who allegedly racked up \$9,000 in charges using fraudulent credit cards in the ByWard Market and at the Rideau Centre.

One of the men is described as between five-foot-10 and six feet tall, 35 to 45 years old, with a heavy build and tanned skin. Police say he has a chin-strap beard and wore a grey sweater, black ball cap and black sunglasses. The other is described as six feet, also between 35 and 45. He is also heavy-set and has a thin beard or a goatee. METRO



ART PAINTING UP A PLEASANT DAY Passersby gaze at the mural along the side of the Royal Variety Convenience store on the corner of Cooper and Bank streets on Monday afternoon. It's one of the many Paint it Up! Program pieces, which is an attempt to add a splash of colour to Ottawa's brick walls. LUCY SCHOLEY/METRO



United Nations Association in Canada
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Sport UNites

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The United Nations Association in Canada (UNA-Canada) is celebrating the Pan/Parapan American Games in **Ottawa on Wednesday, August 12th**. Youth 9-18 years of age are engaged in the excitement and unifying spirit of the Games using simulations and sport activities to promote Canadian values of *harmonious diversity and inclusion*. Youth will simulate the Games' Opening and Closing ceremonies, while learning about countries of the Americas and building new friendships. The day is held in conjunction with UN International Day of Youth.

To learn more about *Sport UNites*, the planned Games simulation, and sports activities, visit: unac.org/sportunites or call the UNA-Canada National Office at (613) 232-5751.



A police officer secures the scene of a shooting on Parliament Hill in Ottawa on Oct. 22, 2014. ADRIAN WYLD/THE CANADIAN PRESS

City releases shooting report

CITY HALL

Decision to censor findings reversed after Metro complaint



Steve Rennie
Metro | Ottawa

There were not enough security guards on duty to lock down Ottawa City Hall quickly, the day a lone gunman shot and killed a soldier on sentry duty at the National War Memorial and stormed Parliament Hill.

The three guards stationed at city hall needed the help of by-law officers — who fortunately happened to be in the building — to secure the premises after Michael Zehaf-Bibeau launched his deadly attack last October.

"It is not possible for the three security guards that work within the facility to conduct a quick and effective lockdown of the city hall and heritage building with the existing physical secur-

ity strategies and equipment."

That is just one of the findings of a trio of reports that looked at how the city responded to the Oct. 22, 2014, attack in the nation's capital — including one report with a number of recommendations that city staff had refused to divulge.

The findings of the reports call into question the city's assessment of its response to the attack, which lauded Ottawa's emergency management program as being "effective and efficient." Indeed, one of the reports found a "lack of guidelines, policy, plans or procedure for city facilities in relation to protective measures for staff and the facilities."

It found internal communications to staff and people inside city hall were "slow and inconsistent," while the messages relayed to these people were "not precise with clear instructions/directions." The report also says there were "inter-agency struggles in relation to roles and responsibilities."

These findings are now coming to light following Metro's



I think when we look at things in retrospect, as the adage says, hindsight is always perfect.

Anthony Di Monte, Ottawa acting general manager of emergency and protective services

complaint to the province's information commissioner over the city's decision to censor all of the recommendations of its March report on the city's response to the shooting.

The city has now released all 20 of the recommendations it had previously refused to divulge (the censored copy of the report released to Metro in June wrongly said there were 94 recommendations).

The recommendations in the city's report are based on the findings of two separate reports done by consulting firms Lansdowne Technologies Inc. and Security Through Safe Design Inc.

Metro also recently obtained copies of the Lansdowne Technologies and Security Through Safe Design reports under the Municipal Freedom of Information and Protection of Pri-

vacy Act.

The Security Through Safe Design report found "numerous gaps or shortcomings" and "a number of security concerns," including:

- limited restrictions or safeguards to control public access to semi-private and private areas;
- poor structural condition of exterior and interior security doors and door closers;
- a lack of and/or improper use of closed-circuit television cameras throughout the facility.

Security Through Safe Design also compared city halls in other Canadian cities to Ottawa. It found that at 763,668 square feet, Ottawa has by far the largest facility (Toronto's city hall is 600,000 square feet). But while Toronto has 12 security guards, Ottawa only has three. The consultants say this could

pose a problem if city hall needs to be locked down in a hurry — as it did last October.

"Fortunately, at that time, there were a number of Bylaw Service personnel that were made available to assist with the lockdown," the report says. "Even with the additional resources, the time it took to lock down the facility was considerable and access control was dependent on the effectiveness of the person guarding each access point."

The Lansdowne Technologies report focused on the city's lockdown protocol, its dealings with police, the roles of elected officials during emergencies, and how best to deal with school boards and local businesses in times of crisis.

That report found the city responded "quickly, professionally and responsibly" to the attack. It noted that even though the city had no formal lockdown plan, security staff and city hall employees managed to secure the building in 24 minutes.

Lansdowne Technologies suggested the city ought to clarify the role of the RCMP during

emergencies and conduct lockdown training and exercises from time to time.

Anthony Di Monte, the city's acting general manager of emergency and protective services, said Ottawa had never experienced anything like the shooting last October. City hall — with its multiple entry points — was built at a time when the threat of global terrorism wasn't as top-of-mind, he added.

"It was not only a tragic but an extraordinary experience for the city, for the country, right? We finally had terrorism on our soil. Unfortunately, we saw what was happening in the rest of the world," Di Monte said in an interview.

"So, that's the first thing. And I think when we look at things in retrospect, as the adage says, hindsight is always perfect."

The city is now acting on some of the recommendations, Di Monte said. One of the first orders of business was to deal with the security camera issue.

It's too soon to say whether the city will bring in more security guards, Di Monte added.

Residencies cut, as OMA warns of doctor shortage

HEALTH CARE

OMA says it was not consulted as 50 spots eliminated

Health Minister Eric Hoskins is defending the Ontario government's decision to eliminate 50 medical residency positions when hundreds of thousands of people don't have a family doctor.

Ontario has nearly doubled the number of first-year medical residency spots since 2004 to about 1,200 a year, and is now scaling back to make better use of scarce health care dollars, said Hoskins.

"We're going to be working with our medical schools and our universities, with the OMA and other stakeholders, to look at a modest reduction from that 1,200 number, but we'll still have more residency spots than there are Ontario graduates in any particular year," he said. "We're still going to be licensing about 700 doctors each and every year in Ontario."

Ontario had 1,013 Canadian medical school graduates plus another 200 from international medical schools in its first-year residency program in 2014-15.

The Ontario Medical Association complained it wasn't consulted about the residency cuts by the Liberal government and said there are still 800,000 people in the province who do not have a family physician.

"Cuts to medical school enrolment and training positions in the 1990s led to doctor shortages and longer wait times," said OMA president Dr.



Health Minister Eric Hoskins is pictured at Queen's Park in Toronto on June 24, 2014. The province made the decision to cut 50 residency places to make better use of scarce health care dollars says Hoskins. CHRIS YOUNG/THE CANADIAN PRESS



We have ... a growing and aging population who require more complex care. We need more doctors to meet those needs and provide that care, not fewer.

Dr. Mike Toth, OMA president

Mike Toth. "We have ... a growing and aging population who require more complex care. We need more doctors to meet those needs and provide that care, not fewer."

Hoskins said it wasn't "necessarily appropriate" to link

the cuts in residency spots with the fact many people don't have a family doctor. The residency cuts could come in specialties where there are too many doctors, while the number of spots for family medicine could be increased

if warranted, he added.

"We'll make these modest reductions very carefully," said Hoskins.

The Progressive Conservatives noted the Liberals cut \$54 million from health care in the 2015 budget, and said the existing doctors' shortage is having a significant impact on the quality of life in many smaller communities.

The New Democrats said Premier Kathleen Wynne broke her promise that every Ontarian would have access to a primary care provider, and is now

making the situation worse, especially in already underserved areas like the north.

The OMA called the elimination of 50 first-year residency spaces "irresponsible and unacceptable," and said the government was being short-sighted.

"Doctors tend to stay and set up practice where they train," said Toth. The Liberal government apparently made the cuts to save costs and help reduce its \$10.9-billion budget deficit, but not to help patients, added Toth. THE CANADIAN PRESS

POLITICS

Travel ban in question

A proposal by Prime Minister Stephen Harper to ban travel by Canadians to areas controlled by terrorist groups is constitutionally suspect and could also run afoul of international law, according to one expert Harper introduced the plan at a campaign event in Ottawa Sunday. Asked about it again at an event Monday, he noted that the law is similar to one that exists in Australia already.

"There is no human right to travel and visit ISIS. That is not a human right in this country," Harper said. But some experts have been criticizing the proposal, saying they could infringe on some sections of the Charter of Rights and Freedoms.

"In terms of the constitutionality, it's suspect for several reasons," said Errol Mendes, a professor of constitutional and international law at the University of Ottawa. Mendes pointed to Section 6, the mobility rights section of the Charter, which gives every Canadian citizen the right to enter, remain in and leave Canada. Mendes also said the rules could run afoul of Section 7 of the Charter, which deals with life, liberty and security of the person.

"When you have many hundreds of thousands of Canadians who have legitimate reasons to go to some of the countries where they are now potentially subject to prosecution," he said, citing Lebanon as an example.

"Almost all of Lebanon is potentially covered by Hezbollah, the group which is already designated as a terrorist group, and there's thousands of Lebanese-Canadians who travel to Lebanon all the time. Does it cover them?"

Harper has said exceptions will be made for those going for legitimate reasons, such as aid workers or journalists.

MICHAEL WOODS/METRO

MEDIA

Charter challenge dismissed

An Ontario superior court judge has dismissed a charter challenge filed against a practice that saw a handful of provincial police officers pose as journalists.

Three major media organizations went to court last May to argue that the practice violated the constitution by having a chilling effect on freedom of the press. But in a decision released last month, Justice Benjamin Glustein said that no such practice truly existed. The cases at the heart of the charter challenge centred on police efforts to gather information during

high-profile protests by aboriginal groups.

Philip Tunley, the lawyer representing the media group, says Glustein's ruling was disappointing and did not address the main questions around freedom of expression. He says the CBC, Canadian Journalists for Free Expression and the Radio-Television News Directors Association of Canada are considering whether or not to appeal the ruling. The media organizations argued that the practice of impersonating reporters could place genuine journalists at risk

by raising suspicions about who they are, as well as limiting the ability to develop trusting relationships with key sources.

The application was centred around specific cases in which police officers impersonated reporters, and Glustein's ruling focuses on why each individual instance doesn't represent a widespread practice. The application filed by the media organizations cited the cases as proof provincial police pose as members of the media to gather information as part of a criminal investigation. THE CANADIAN PRESS

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Harper ramps up defence on anti-terror initiatives

ELECTION 2015

Tory leader slams rival opposition as misguided

The Liberals and the NDP would fight insurgents overseas by doing little more than “dropping aid on dead people,” Stephen Harper said Monday as he doubled down on the Conservative party’s tough-on-terror strategy.

With this week’s return of Mike Duffy promising another barrage of banner headlines and awkward campaign-trail questions, Harper struck a defiant tone as he defended putting Canada front and centre in the global fight against militants in Iraq and Syria.

He showed a softer side, promising to take in 10,000 more refugees from both countries over the next four years and to spend \$90 million to help protect artifacts and places of worship from the Islamic State of Iraq and the Levant (ISIL).

But when talk turned to Canada’s aggressive military approach, Harper’s language grew sharp as he described how ISIL was engaged in “mass slaughter at an alarming, lightning pace” when the Conservative government got involved.

“If your policy is humanitarian assistance without military support, all you’re doing is dropping aid on dead people,” he said during a campaign stop in Markham, Ont., describing the position of “diaspora groups” in Canada.

“That’s not acceptable. We’re a country that can contribute militarily and in a humanitarian



NDP Leader Tom Mulcair speaks before signing copies of his new book *Strength of Conviction* in Toronto on Monday. Politics followed Mulcair at the event, as protesters demanded to know his stance on the Energy East pipeline. GALIT RODAN/THE CANADIAN PRESS

sense, and we are doing both.”

Harper brushed off the criticisms of NDP Leader Tom Mulcair and Liberal Leader Justin Trudeau, who have rejected military action and called for Canada to stick to providing humanitarian aid.

Offering safe haven to refugees simply isn’t enough, he added.

“(ISIL), left to its own devices, will create millions — tens of millions — of refugees and victims on a monthly basis,” Harper said. “That’s why the international community intervened ... President Obama and our allies felt we had no choice.”

When asked about his eyebrow-raising promise Sunday

to impose an outright ban on travel to regions controlled by terror groups, Harper repeated the day’s sound bite of choice, saying such travel is “not a human right.”

That’s political posturing, Trudeau scoffed during a morning event in Montreal, calling the idea a distraction meant to draw attention away from the Conservatives’ dismal economic record.

“Canada is a country that respects people’s rights,” Trudeau said.

NDP Leader Tom Mulcair began the day in Toronto, attending a book-signing event that had been scheduled long before the election campaign was.



If your policy is humanitarian assistance without military support, all you’re doing is dropping aid on dead people.

Prime Minister Stephen Harper

Politics, however, stood up and demanded attention.

Friendly protesters armed with banners stood up and confronted the NDP leader about his position on the Energy East pipeline, demanding to know if he would oppose the project if it proved incompatible with national action on climate change.

Sure, Mulcair replied. “That’s what the whole pur-

pose of coming in with a new system is to make sure that we take into account climate change whenever we analyze a project.”

The New Democrats were expected to announce which of the proposed leaders’ debates Mulcair would participate in. The party has said it won’t take part in any debates that don’t include the prime minister.

THE CANADIAN PRESS

VANCOUVER

CBC reporter accepts apology from on-air kisser



Emily Jackson
Metro | Vancouver

CBC reporter Megan Batchelor has accepted an apology from the teen that ambushed her live broadcast to kiss her cheek and take a selfie at the Squamish Valley Music Festival.

Batchelor, who filed a report with Squamish RCMP about the Friday incident that left her angry and embarrassed, spoke with the 17-year-old Saltspring Island resident

Daniel Davies after he reached out to her on Monday.

“He’s utterly embarrassed, totally remorseful, and he said all the things we wanted him to say,” she told Metro on Monday.

And Davies owned up to what happened. Speaking to Batchelor on a clip that aired on CBC radio, Davies’ voice shook with emotion as he apologized.

“I was reading a lot of comments saying that things do happen at festivals, but I don’t think that is right at all.

Honestly, I think at the moment I thought it was a joke, then I stepped in your shoes. That’s when I kind of realized that it all was not a joke at all,” Davies said. “That’s your career. It’s also your body, and you have complete control over that and without anyone else’s consent, they do not have the right to do anything to anyone.”

“I wish I understood that before I did it, but like I said, I made the mistake already and I want to make the best of the situation.”

Batchelor is relieved Davies is taking the incident seriously. The complaint is in the RCMP’s hands, but she told CBC she does not want to see him end up with a record.

The negative reactions to her decision — many accuse her of overreacting — reinforce how serious the situation is, she said.

“I’m not offended by a kiss on the cheek, I’m not a prude. I’m offended that someone felt like it was OK for someone to bombard me while I’m doing my job,” she said.

+ ONGOING ISSUE

Megan Batchelor hasn’t been the only reporter to be disrupted on live television lately. “This is just something that’s happening way too often,” she said, noting many colleagues have experienced similar things or have been shouted at with the inexplicably popular phrase “F— her right in the p—” predominantly directed at female TV reporters.

DRUG USE

Methadone access cuts HIV risk, study finds

Increasing access to methadone treatment through primary-care doctors and pharmacies significantly cuts the spread of HIV, according to research involving Vancouver residents addicted to opioids.

Injection drug users who were not prescribed methadone were almost four times more likely to become HIV-positive, found the study, published in the medical journal *The Lancet HIV*.

Methadone treatment prevents withdrawal from opioids such as heroin.

The findings provide critical support for British Columbia’s methadone maintenance program, which is currently being reviewed by the provincial government, the study’s lead author said.

“If you were on medication for your diabetes but you had to travel across your city to get your medication every day from a specialty clinic, and not go to your pharmacy around the corner, you’d be significantly less likely to go,” said Dr. Keith Ahamad, with the BC Centre for Excellence in HIV/AIDS.

“As a result, the consequences related to your diabetes would be much higher. So what we really need to do is increase access to this medication.”

The treatment has been controversial, and the government’s review involves some pharmacies being shut down because staff were providing financial incentives to patients filling their prescriptions.

Overall, the province has been supportive of the strategy to combat transmission of the AIDS-causing virus, Ahamad said.

Health Canada handed responsibility for methadone programs to the provinces in 1996, when the new study began.

Between 1996 and 2013, researchers followed 1,639 HIV-negative injection drug users.

They found the vast majority of 138 people who were infected with HIV over that time were not taking methadone.

Ahamad said people who can easily obtain methadone treatment may be less likely to engage in risky behaviours associated with spreading the virus.

THE CANADIAN PRESS

+ BACKGROUND

HIV can spread through unprotected sex and sharing injection drug equipment such as needles with someone who has the virus.

TRANSPORTATION

Less drunk driving with UberX: Study

Ride-share service UberX isn't just getting scrutiny from regulators in the U.S. Researchers at Temple's Fox School of Business in Philadelphia say the service might even save lives.

In their paper, Show Me the Way to Go Home: An Empirical Investigation of Ride Sharing and Alcohol Related Motor Vehicle Homicide, scholars Brad N. Greenwood and Sunil Wattal report that in California, "the entrance of UberX result(ed) in a 3.6 per cent — 5.6 per cent decrease in the rate of motor vehicle

homicides per quarter."

In other words, UberX has a positive impact on reducing drunk driving.

The study goes on to say that traditional Uber services do not have the same impact on DUIs. There's something special about the UberX service itself.

UberX, ride sharing app Uber's low-cost option, essentially empowers everyday people with cars to act as de facto cab drivers, picking up users and dropping them off via Uber's app.

JOSH KRUGER/METRO PHILADELPHIA

INTERNATIONAL SPACE STATION

First space-grown meal eaten on ISS

These are the salad days of scientific research on the International Space Station. On Monday, for the first time astronauts munched on red romaine lettuce that they grew in space.

After clicking their lettuce leaves like wine glasses, three astronauts tasted them with a bit of Italian balsamic vinegar and extra-virgin olive oil.

Astronaut Kjell Lindgren pronounced it awesome, while

Scott Kelly compared the taste to arugula. They talked about how the veggies added colour to life in space.

If astronauts are to go farther in space, they will need to grow their own food and this was an experiment to test that.

Astronauts grew space station lettuce last year but had to ship it back to Earth for testing and didn't get to taste it.

THE ASSOCIATED PRESS



A crop of red romaine lettuce from the International Space Station's veggie plant growth system.

NASA VIA THE ASSOCIATED PRESS

IN BRIEF

Columbia House files for bankruptcy protection

The company that once offered to sell you eight CDs for 1 cent has filed for Chapter 11 bankruptcy protection after almost 20 years of falling sales.

The parent of the Columbia House music and DVD clubs said Monday it plans to sell its Columbia House DVD Club business, which sells recorded movies and TV series directly to consumers, through a bankruptcy auction. THE ASSOCIATED PRESS

Accused 'Slender Man' killers stay in adult court

A Wisconsin state judge ruled Monday that two girls accused of stabbing a classmate to please the online horror character Slender Man will stay in adult court, where they could face decades in prison.

The 13-year-old girls' attorneys had sought to transfer their cases to the juvenile court system, where they could be held for only five years.

THE ASSOCIATED PRESS



Jonathan Tremaine kneels on the steps of the Thomas F. Eagleton Federal Courthouse at the start of a protest outside the building, Monday, in St. Louis. JEFF ROBERSON/THE ASSOCIATED PRESS

An anniversary of violence in Ferguson

MISSOURI

Police shoot young man, claim they were returning fire

A man who authorities say opened fire on officers in Ferguson, Mo., on the anniversary of Michael Brown's death was critically wounded when the officers shot back, St. Louis County's police chief said early Monday.

Chief Jon Belmar said at a news conference that officers had been tracking the man, who

they believed was armed, during a protest marking the death of Brown, the black, unarmed 18-year-old whose killing by a white Ferguson police officer touched off a national "Black Lives Matter" movement.

The man approached the officers, who were in an unmarked police van, and opened fire, Belmar said. The officers returned fire from inside the vehicle and then pursued the man on foot when he ran.

The man again fired on the officers, the chief said, and all four officers fired back. He was struck and fell.

The man was taken to a hospital, where Belmar said he was

“There is a small group of people out there that are intent on making sure that peace doesn't prevail.

St. Louis County Police Chief Jon Belmar

in "critical, unstable" condition. Authorities didn't immediately release the identities of anyone involved, but Tyrone Harris told the St. Louis Post-Dispatch that

the injured man was his son, 18-year-old Tyrone Harris Jr.

None of the officers was seriously injured. All four have been put on standard administrative leave. They were not wearing body cameras, Belmar said.

The shooting happened shortly after a separate incident that the chief called "an exchange of gunfire between two groups" rang out around 11:15 p.m. Sunday while protesters were gathered on West Florissant Avenue, a business zone that saw rioting and looting last year after Brown's killing. The shots sent protesters and reporters running for cover.

THE ASSOCIATED PRESS

TURKEY

Crackdown on ISIL, Kurds, Marxists

Two female assailants opened fire at the U.S. Consulate in Istanbul on Monday and at least six Turkish security forces were killed elsewhere in a day of heavy violence in Turkey, where a government crackdown has targeted militants from the Islamic State of Iraq and the Levant (ISIL), Kurdish rebels and far-left extremists.

Turkey has seen a sharp spike in clashes between security forces and rebels of the Kurdistan Workers' Party, or PKK, in the wake of its campaign against PKK targets in Iraq in tandem with airstrikes against ISIL militants in

Syria. Hundreds of suspected militants have also been rounded up at home.

No one was hurt in the attack on the U.S. Consulate, which came just weeks after Turkey agreed to take a more active role in the U.S.-led campaign against ISIL and to allow the U.S.-led coalition to use its bases in the fight. On Sunday, the U.S. military announced that a detachment of six F-16 fighter jets and some 300 personnel had arrived at Turkey's southern Incirlik Air Base.

A far-left group that carried out a 2013 suicide bombing

+ BACKGROUND

Turkey has recently started taking a more active role against ISIL militants. Last month, it conducted aerial strikes against ISIL positions in Syria and agreed to let the U.S.-led coalition use its bases for its fight against ISIL.

THE ASSOCIATED PRESS

on the U.S. Embassy in Ankara claimed it was involved.

Both assailants fled, and one was later shot and taken into custody. The Revolutionary People's Liberation Army-Front, or DHKP-C identified her as 51-year-old Hatice Asik and said she was a member of the group, which is considered a terrorist organization by the U.S. and Turkey. The other assailant was still at large.

In a statement on its website the group described Asik as a "revolutionary" fighting American oppression and vowed to maintain its struggle until Turkey is "cleared" of all U.S. bases on its territory. THE ASSOCIATED PRESS

HUNGARY

Asylum requests double

Hungary has received 110,000 asylum requests so far in 2015, more than double the total for all of last year, the head of the country's immigration office said Monday.

Zsuzsanna Vegh said registered asylum seekers were directed to one of Hungary's refugee centres to await decisions over their requests, but that most leave the country before their cases are settled.

"A significant number of those who we send (to the centres) never arrives at the institution," Vegh said on state radio, adding that they were now sheltering some 4,500 refugees, double their normal capacity.

Hungary received 42,777 applications for asylum in 2014.

Alarmed by the growing numbers of migrants, Hungary's government is building a 175-kilometre fence on the border with Serbia, which is scheduled to be finished by Aug. 31.

Planned to be 4 metres high, for now only three strands of razor wire have been laid out on sections of the border where the government says human traffickers are most active. An Associated Press video journalist saw galvanized steel posts and rolls of wire mesh in the border area, expected to be assembled soon.

In Budapest, hundreds of migrants gathered near the city's main railway terminals, waiting to go to a refugee centre or to countries further west in the European Union, such as Germany or the Netherlands.

Sitting at Pope John Paul II Park, near the Keleti train station, a 26-year-old man from the Syrian city of Homs said the fence would not deter those escaping war and extreme poverty.

"We have mostly walked over 3,000 kilometres to come to Europe," said the refugee who would give only a nickname, George. "Some wires are not going to stop us."

Hungarian national police say they detained an average of 1,530 migrants a day in the week before the fence construction began on Aug. 3. In the week since, the daily average was 1,543.

Babar Baloch, spokesman for the UN's refugee agency in Central Europe, said the number of refugee families with young children was rising.

"The trend is clearly that the refugees are on the move," Baloch said, adding that his organization was also encountering more and more unaccompanied children whose parents, in one example, had died after their boat capsized near Greece.

THE ASSOCIATED PRESS

Greek coast guard saves 1,417 migrants from sea

GREECE

Hundreds more reach coast and walk to main towns

Greece's coast guard rescued more than 1,400 migrants near several Greek islands in the eastern Aegean Sea over the past three days as the pace of new arrivals increases, authorities said Monday.

Tens of thousands of people, many of them fleeing conflict in Syria and Afghanistan, have

been making their way from the Turkish coast to nearby Greek islands in inflatable dinghies, overwhelming cash-strapped and understaffed authorities on the islands. The vast majority then head to mainland Greece and from there, try to reach more prosperous European Union countries by either walking across the Balkans from northern Greece, or sneaking onto Italy-bound ferries from the west.

The 1,417 migrants rescued between Friday morning and Monday morning were picked up at sea in 59 incidents off the coasts of the islands of Lesbos,

Chios, Samos, Agathonisi and Kos, the coast guard said.

Those figures do not include the hundreds of others who manage to reach the islands' coasts themselves, walking to the main towns to turn themselves in to local authorities and receive registration papers.

The increasing pace of arrivals comes on top of the roughly 124,000 migrants who reached the Greek islands by boat in the first seven months of 2015. In July alone, there were 50,000 arrivals, about 70 per cent from Syria. Most land on five islands: Lesbos, Chios, Kos, Samos and Leros.

124,000

Roughly 124,000 migrants reached the Greek islands by boat in the first seven months of 2015 — a 750 per cent increase from the same period last year, according to UNHCR.

In all, 156,726 migrants had been arrested for entering or remaining in the country illegally from January through July this year, compared to 32,070 for the same period

last year, the Greek police said.

The numbers have overwhelmed cash-strapped and understaffed police and coast guard officials on the islands, where authorities are unable to keep up with the new arrivals and process them fast enough, leaving many living on the streets or in precarious temporary shelters.

Tension has often escalated on several of the islands, with fights breaking out among groups of migrants, or between migrants demanding faster processing and coast guard or police officers.

THE ASSOCIATED PRESS



Migrants wait behind a fence for a registration procedure outside a police station at southeastern island of Kos, Monday. YORGOS KARAHALIS/THE ASSOCIATED PRESS

HMS HOOD

Bell recovered from ship sunk in WWII

An American philanthropist and investor has recovered a bell from a British battleship that was sunk in the North Atlantic during World War II.

A team led by Microsoft co-founder Paul Allen retrieved the bell from the HMS Hood, once the largest warship in the world and the Royal Navy's symbolic flagship. The Hood was sunk by the German ship Bismarck in the Denmark Strait between Greenland and Iceland in 1941. All but three of

the Hood's 1,418-strong crew perished.

A first attempt in 2012 to recover the bell from the wreck — lying at 2,800 metres (9,186 feet) deep — failed because of poor weather conditions and technical difficulties. Britain's Royal Navy and Allen's website said Monday a second try, using a remotely operated vehicle and working with shipwreck search company Blue Water Recoveries, succeeded on Friday.

THE ASSOCIATED PRESS

IN BRIEF

Teacher faces sex charges

A former teacher who was arrested in January over accusations of having sex with two students now faces more charges. The Louisiana Attorney General's Office says 40-year-old Kimberly Cooke was booked Friday on five counts of carnal knowledge of a juvenile. It was her second arrest on sex charges. It remained unclear Monday whether the five counts involve the same students.

THE ASSOCIATED PRESS

STUDY

Parasite in tadpoles just one more threat

Scientists have identified a new problem for amphibians, which are already shrinking in numbers: A parasite is infesting tadpoles worldwide.

The family of parasites, related to a bug that attacks oysters, has been found in the livers of frogs and tadpoles on three continents and in both temperate and tropical climates.

Researchers linked it to a mass die-off of tadpoles in a state of Georgia lake and prob-

ably elsewhere in the United States.

The global distribution of the newly identified threat to frogs was published Monday by the Proceedings of the National Academy of Sciences.

Study lead author Thomas Richards said amphibian numbers are already falling because of habitat loss, climate change, fungus and other diseases.

He said this new parasite is just one more threat.

THE ASSOCIATED PRESS

Cutting prices for moviegoers

THEATRES

Despite rising admission costs, there are tricks to saving money

Once a go-to family outing, trips to the movies are now almost as pricey as dinner at a nice restaurant.

Movie ticket prices in Canada and the U.S. have risen steadily over the last decade or so, from an average of \$6.21 in 2004 to \$8.17 in 2014. At Cineplex theatres, the country's largest chain, admission for an adult costs around \$13; for children and seniors, it's \$9 and \$9.50, respectively.

And Scene, Cineplex's points-based loyalty program, recently announced changes that will make it costlier to score free premium tickets. Customers currently need 1,000 points to watch any

movie for free, but under the new rules, which go into effect Nov. 4, 3D screenings or tickets to an UltraVX or Imax feature will cost 1,500 points. Adult-only VIP shows will require 2,000 points.

Still, there are ways to reduce the cost of seeing a movie. Here are a few tips:

Stay loyal: New rules aside, a Scene membership is still an easy way to score free movies. Members receive a Scene card, which earns points for movies watched and offers discounts on snacks. There are also Scene debit and credit cards through Scotiabank. Members earn a point for every \$1 spent.

Try Tuesday: Cineplex offers discounted fares on Tuesdays. Tickets for a regular screening

cost \$7.99. Scene members get an additional 10 per cent off.

Go indie: Rainbow Cinemas sells adult tickets for \$10; kids' and senior tickets are \$6 and students cost \$7.

Head outdoors: There are a number of free outdoor screenings this summer.

Look for promos: Cineplex is offering a Family Favourites deal, through which families can attend a Saturday matinee of an older movie for \$2.99 per ticket.

Dine wisely: Theatre popcorn and candy is marked up — so, to cut costs, consider taking your own food. For instance, major theatre chains can sell chocolate bars for \$4 to \$6. The same candy is available at Dollarama for \$1 to \$2. TORSTAR NEWS SERVICE

\$13

Adult admission costs around \$13 at Cineplex theatres. For children and seniors, it's \$9 and \$9.50, respectively.



A patron buys popcorn and a drink at a Cineplex theatre in Toronto. The cost of going to the movies has risen steadily over the last decade or so. CONTRIBUTED

IN BRIEF

Russian economy dives

Official government figures show that the Russian economy was 4.6 per cent smaller in the second quarter than the previous year in the wake of plummeting oil prices and Western sanctions.

THE ASSOCIATED PRESS

Alibaba expanding

Alibaba is taking a 20 per cent stake worth about \$4.63 billion US in Chinese electronics store chain Suning in a move that helps the e-commerce firm expand in the brick-and-mortar arena.

THE ASSOCIATED PRESS

market minute

	DOLLAR 76.92¢ (+0.78¢)
	TSX 14,466.39 (+163.69)
	OIL \$44.96 US (+\$1.09)
	GOLD \$1,104.10 US (+\$10)

NATURAL GAS: \$2.84 US (+4.4¢)
DOW JONES: 17,615.17 (+241.79)

TECHNOLOGY

iPhone 6S launch set for Sept. 9

Apple is expected to host its next iPhone launch on Sept. 9, so what can we expect when CEO Tim Cook takes to the stage to unveil the new device?

BuzzFeed's John Paczkowski, who correctly called the date for last year's event, claims that according to his sources, Apple will again host its fall iPhone 6S launch on Sept. 9.

The 'S' suffix usually means more speed and the iPhone 6S and phablet counterpart, the iPhone 6 Plus S, will be getting a processor bump. However, sources believe that the updated devices will also feature Apple's new 'Force Touch' technology.

Unveiled in March in the trackpads of its new MacBooks, Force Touch can respond differently to different types of pressure, so the weight of a tap or a swipe could conceivably activate specific features or open specific apps, for example. It also offers haptic feedback: if you press, it presses back so that you know you've made contact, something that could add another level of immersion to mobile gaming, for instance.

AFP

DIET PEPSI

Aiming for sweet spot — just not in Canada

A revamped Diet Pepsi without aspartame is popping up on store shelves in the U.S. So will people start flocking back to the soda?

PepsiCo says its new Diet Pepsi should be available across the U.S. this week. In response to customer feedback, the company said earlier this year that it would replace the aspartame in the drink with another artificial sweetener that has less baggage.

But Canadians won't be seeing the new format. Diet Pepsi in Canada will continue to be sweetened with aspartame, the company wrote in an email to The Canadian Press.

"There are no changes to any cola beverages in Canada at this time," said Sandy Lyver of PepsiCo Beverages Canada.

The rollout in the U.S. will test the theory that the sweetener is to blame for fleeing customers, or if other issues might be at play. Other diet sodas that still have aspartame include Diet Coke, Diet Dr Pepper and Fanta Zero.

Sales of traditional diet sodas have been falling. Industry executives blame the free-fall on unfounded concerns people have about aspartame. Two years ago, Coca-Cola even

+ SWEETENERS

New combinations

It's not the first attempt by PepsiCo Inc. to lift flagging sales of Diet Pepsi. In 2012, the company tried improving the drink by combining aspartame with acesulfame potassium, often called ace-K, another artificial sweetener that helps prevent the taste from degrading over time. The latest version of Diet Pepsi will also have ace-K in addition to sucralose, best known by the brand name Splenda.

tested ads in select newspapers defending the safety of the sweetener. "It's the No. 1 thing that our customers have been calling about," said Seth Kaufman, a senior vice-president at PepsiCo.

In terms of taste, Kaufman said it's not identical but that the drink should still be familiar to fans of Diet Pepsi.

The new cans will be marked with the words "Now Aspartame Free" above the Pepsi circle logo.

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metro's election explainer

Can Conservatives legally outlaw travel to ISIL-controlled regions?

Maybe not, but it's murky.

What the PM says

This week, Prime Minister Stephen Harper announced that if re-elected he would make it a criminal offence to travel to regions he called "ground zero for terrorist activity," particularly, members of his party later said, the parts of Syria and Iraq controlled by the group that calls itself Islamic State of Iraq and the Levant (ISIL). The measure is meant to prevent Canadians with radical views from leaving the country to join armed groups abroad. A similar rule exists in Australia, though in general blanket-travel restrictions are rare in developed countries. (It's unclear how useful this

ban would be, because the House of Commons passed a bill in 2013 that made it explicitly illegal to travel to another country to commit a terrorism offence.)

What other leaders say

Opposition leaders have dismissed the move as campaign-season bluster. Justin Trudeau accused Harper of trying to distract Canadians from the wobbly economy, while Thomas Mulcair said, "There's little evidence to show that this will have a concrete effect."

What the law says

Harper said travelling to

conflict hot spots is "not a human right." But the proposal could find the PM at odds with the Canadian Constitution, says University of Toronto law professor

Kent Roach. And that means the policy might not hold up in court if challenged under the Charter of Rights and Freedoms.

"It would limit the right of Canadian citizens under Section 6 of the Charter (of Rights and Freedoms) to leave Canada. It would have to be justified as a reasonable limit," Roach said.

What rights groups say

Some human rights lawyers are concerned the proposal promotes a guilty-until-proven-innocent mindset, while the Canadian Civil Liberties Association says it will disproportionately affect certain ethnic groups.

It isn't clear what exceptions would be allowed, but Conservatives confirmed that tourism, business and religious pilgrimages won't cut it. Even with exceptions, some groups fear the ban could put red tape and delays in the way of activists, filmmakers, journalists, people doing humanitarian or diplomatic work and those travelling to care for ill or elderly relatives.



The election explainer is dedicated to informing would-be voters without boring them. It will appear regularly in this space throughout the campaign. What would you like explained? Email us at readers@metronews.ca.

Be brave, cyclists, and take the lane if need be

YOUR RIDE

Kathryn Hunt



When you start riding a bicycle in traffic, there are a lot of things to learn. None of those things, in my experience, are harder to actually put into practice than these three small words: Take the lane. It took me years to get the confidence and learn how to do it.

I understood the logic behind taking up the whole lane pretty early. There are times when you have to. If the space is too narrow for a bike and a car to safely travel side by side, the law says the cyclist should move out and block the car until it's safe to pass.

This puts the cyclist where the driver can see him or her, and it forces

the driver to stay back until there's room (and very often, drivers will try to squeeze past if you give them an inch of space to do so). The irony is that while it feels far more dangerous — like the proverbial "swimming with the sharks" — you're actually safer, as long as the drivers behind you don't do anything murderous. And I believe that drivers generally aren't murderous.

But it is a test of will to stay in what most people think of as the cars' space, even for a short time. I asked other cyclists about it and one of them called it "brainwashing yourself that this is normal cycling behaviour."

Others talked about learning to ignore the cars behind them, or about having to ride faster to avoid being honked at or tailgated.

In my case, sometimes I actually have to get angry in order to ride in the middle of a busy road. I get enough close passes at high speed that I get mad, and that gives me the courage to claim that centre-lane space.

I tell myself, in order to keep my cool while I'm out there, that no one is actually trying to run me down. I try to forget the fact that a couple of cyclists I know stopped taking the lane because they did get hit by aggressive or careless drivers.

Fear of impatient drivers figures heavily when cyclists talk about this issue. We all know that many drivers don't understand why a cyclist would be in the middle of the road.

We know some drivers even think we're doing it just to get in their way. We're not.

If the space is too narrow for a bike and car to travel, the law says the cyclist should move out and block the car until it's safe to pass ... It is a test of will to stay in what most people think of as cars' space, even for a short time.

Kathryn Hunt @k8thek8 is a writer, editor of Centretown BUZZ, storyteller, poet, cycling blogger, rock climber, mysterious techno vixen (confirmed) and geek. Not necessarily in that order. You can read her cycling blog at theincidentalcyclist.blogspot.ca.

ROSEMARY WESTWOOD

metroview

Why there's so much bloody fuss about one on-camera kiss

This isn't the hot take.

This isn't an attempt to feed the media storm or public-shaming machine against 17-year-old Daniel Davies, who planted a kiss on the cheek of a TV reporter in Squamish last weekend, and snapped a selfie. This is an attempt to explain why we're talking about it so bloody much.

To quote one boss, "If it was a hot blonde in a bikini top kissing a man, this wouldn't be happening." The kisser wouldn't have faced the threat of the RCMP, she meant (the complaint against Davies was dropped yesterday after he apologized). A male reporter might be annoyed or pissed off, but he wouldn't turn it into a national story. There wouldn't be the hoopla.

I couldn't agree more. But that doesn't mean that reporter Megan Batchelor acted out of line by going to the police. It means you can't compare apples to oranges, or men to women.

Equality between the sexes doesn't exist.

When women live in perpetual fear of rape (ask them, they do), when their bodies are viewed as the playthings of men (still) and when violence against women remains at pandemic proportions, guess what: Women are going to be defensive over their bodies and sexuality.

And rightly so.

It's not good enough to

say, "Oh, it's just a kiss!" No, it's not. It's an unwanted kiss, the kind that got 65-year-old Narinder Jain in Ottawa charged with multiple counts of sexual assault after he went on the most bizarre of sprees — a kissing spree — this summer.

It's also not good enough to wonder, "What's the big deal?" The big deal is, women in our society feel that their bodies are constantly under attack. Women who work in TV, in particular. Take the FHRITP prank.

If we didn't have rampant sexual violence, if we indeed had equality, the kiss might have been laughed off. Batchelor mightn't have taken unwanted advances to be part of a continuum of assault women fear every day. But that's not our world.

What this all means for some guy's hook-up strategy, I couldn't care less. The world is not becoming a colder place because men have to worry about not offending the women. And if even if it is, well, that's a small price for some to pay compared to the price women (and men) are paying for sexism.

If you want a society where good-natured signs of affection aren't misconstrued as sexual assault, then consider building the kind of society where women aren't living in fear of sexual assault. We could use your help.

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PHILOSOPHER CAT
by Jason Logan



Harpist turns pluck into Style

VIRAL VIDEO

Emilie Kahn wins fans with cover of Taylor Swift song

Some musicians would do anything to capitalize on an endorsement from Taylor Swift — but that's simply not Emilie Kahn's style.

The Montrealer has gathered significant attention for her austere cover of Swift's *Style*, which she played on the harp. Her intimate take on the song has been posted by Time, Entertainment Weekly and BuzzFeed — not to mention Swift herself, who retweeted Billboard's post on the song.

For the soft-spoken Kahn — who performs as Emilie & Ogden, Ogden being the name of her harp — it's all a little tough to fathom.

"It's become a bit overwhelming," she conceded in a telephone interview recently, noting that she had to stop monitoring the clip's ever-climbing YouTube view count (more than 200,000 hits and counting).

"It's getting a lot of attention, which is super exciting, but it's also kind of scary just to be, I guess, famous on the Internet.

"I don't want to be known as the girl who did the Taylor Swift cover," she added. "I think with the Internet and all these clickbait websites, it's kind of easy for you to put out a video



Canadian musician Emilie Kahn, above, caught the attention of Taylor Swift, inset, and racked up major YouTube views with her harp version of the singer's song *Style*. YANI CLARKE/HANDOUT

that next week it'll be onto the next thing."

In fact, this should just be the beginning for Kahn.

Emilie & Ogden's debut, 10,000, is due out Oct. 2. It's cinematic and wrenching, with lyrics about "pain and heartbreak" — not necessarily auto-

biographical, she notes — finding an ideal vessel in Kahn's gossamer voice and mournful instrument.

The arrangements on her album are significantly fuller than her stripped Swift cover, although Kahn says her *Style* is an accurate indication of the

intimate feel of her live show.

She chose to interpret the song because she wanted a cover in her set and she's "kind of just a big fan" of Swift.

"(Style) has a really unique mood," Kahn observed. "She writes a lot of huge pop hits, but I think they always have a

really specific subject matter. This song is about the time after you break up with someone and you keep going back to each other.

"I thought that was a very interesting mood that you don't see a lot in pop music."

Kahn was born in Toronto but spent her formative years in Montreal.

She began writing songs as a teen but couldn't commit to an instrument, wandering from flute to piano to guitar.

She went to music school, still trying to locate her passion for piano, when she attended a concert and noticed a harpist accompanying the choir.

"It was love at first sight," recalled Kahn, noting that she's been playing for five years. "When I discovered the harp, it changed my life."

Kahn concedes that while she's stopped absorbing feedback related to her *Style* cover, she might be encouraged by the top-voted comment lurking on YouTube.

"I can't believe I've never heard of you before," wrote a user named Toni C. "I'm definitely buying your album in October. You're absolutely amazing!"

Informed of this, Kahn laughed: "That's nice to hear."

THE CANADIAN PRESS

FAME AND A HARP WITH A NAME

For the soft-spoken Kahn — who performs as Emilie & Ogden, Ogden being the name of her harp — it's all a little tough to fathom.

"It's become a bit overwhelming," she concedes.



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THIS WEEK: *How Often Should You Replace Your Toothbrush?*

GOSSIP BRIEFS

Breakup left Watson utterly speechless

Emma Watson tells Vogue U.K. that last year she went through a “horrendous” breakup with ex-boyfriend Matt Janney. How horrendous? It involved a vow of silence. No, seriously. “I felt really uncomfortable,” Watson says. “Even before my relationship ended, I went on a silent retreat because I really wanted to figure out how to be at home with myself.” There’s some joke in here about relationships and communication issues.

NED EHRBAR/FOR METRO

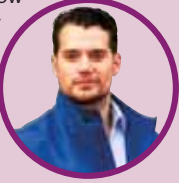
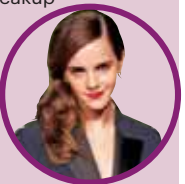
Cavill’s awkward sex scene

Man of Steel star Henry Cavill isn’t made of stone, you guys. Case in point: While working on the sex-filled Showtime series *The Tudors*, he once got a little too into one of his more intimate scenes. “It’s only happened to me once, and it was very embarrassing. A girl had to be on top of me, she had spectacular breasts, and I hadn’t rearranged my ... stuff into a harmless position. She’s basically rubbing herself all over me and, um, it got a bit hard,” Cavill tells *Men’s Fitness*.

NED EHRBAR/FOR METRO

Aniston’s secret wedding

Howard Stern has revealed details about Jennifer Aniston and Justin Theroux’s secret wedding, including that Jimmy Kimmel officiated. Stern was a guest at the Los Angeles ceremony last Wednesday that the couple disguised as a birthday bash. THE ASSOCIATED PRESS



Nicki calls Meek Mill her ‘baby father’

PREGNANCY

Does rapper have a mini Minaj in the oven?

IN HOLLYWOOD

Ned Ehrbar



Meek Mill is probably happy that his name is coming up for

some reason other than constantly feuding with Drake.

So what’s distracting everyone from that spat now?

Oh, just Nicki Minaj introducing him at a recent Burgettstown, Pa. concert as “my baby father,” immediately setting off waves of speculation that Minaj is in fact pregnant — and apparently a fan of mangling popular phrases.

Seriously, baby father?

That just sounds awkward.

As to whether there’s any truth to baby talk, Minaj is



As to whether there’s any truth to baby talk, Minaj is being less than helpful, retweeting fan reactions to the rumour with just a series of crying laughing — or maybe just crying — emojis.

Ned Ehrbar, on Minaj being coy

being less than helpful, retweeting fan reactions to the rumour with just a series of crying laughing — or maybe just crying — emojis.

That could really mean a

number of things.

This is why people shouldn’t release statements comprised entirely of emojis.

It’s an imperfect communication system, people.



SQUAMISH MUMFORD ON THE ROAD Marcus Mumford of Mumford and Sons performing Sunday, the final day of the Squamish Valley Music festival. The band continues their Canadian tour with a stop in Edmonton tonight, and they will play a show in Calgary on Wednesday. JENNIFER GAUTHIER/FOR METRO

INTERVIEWS

FKA Twigs hasn’t seen *Twilight*

Robert Pattinson’s fiancée, singer FKA Twigs, sounds like a real delight to interview. An intrepid Sunday Times reporter did her darndest to get through a chat with Twigs, but it doesn’t sound like it went very well.

“Who told you I was getting married? You might read somewhere that I’m a monkey and it doesn’t mean I am,” Twigs says.

She also cries at the beginning and says this interview may be her last, but the high-

light, is when she admits she hasn’t seen *Twilight*, the film that made Pattinson a star.

NED EHRBAR/FOR METRO



INTERVIEWS

Natalie Portman heading to TIFF for charity event

Natalie Portman will take to the stage to discuss her varied film career at a brand new charity event for the Toronto International Film Festival this September.

The first annual TIFF Soiree will feature an on-stage conversation, cocktail party and musical performances.

Organizers say funds raised by the event will support programming, exhibitions, workshops and educational initiatives for youth and aspiring filmmakers.

The event takes place at TIFF Bell Lightbox on Sept. 9, with tickets ranging from \$300 to \$650.

Portman’s lengthy film credits include *Beautiful Girls*, *Garden State*, *V for Vendetta* and *Black Swan*.

She wrote, directed, produced and starred in the upcoming *Tale of Love and Darkness*.

The 40th Toronto International Film Festival runs Sept. 10 to 20.

THE CANADIAN PRESS



She's learned to love running

THE MILE HIGH RUN CLUB

Lena Dunham's coach shares his tips

Emily Laurence
Metro in New York

If you think you'll never be one of those people who runs five miles before work or trains for a marathon, don't write yourself off so fast.

Lena Dunham recently confessed she hated running her whole life — until she started training with Matt Wilpers of the Mile High Run Club. "Working with Lena was an awesome experience for me," Wilpers tells us. "I helped transform her attitude about fitness by helping her build confidence." Here, he shares how you can start enjoying it, too.

Set specific goals

If you aren't one of those people who just naturally loves to run, you need a reason to do it or it can seem a bit pointless. "Some people (set a goal) to work up to their first race, such as a 5K," Wilpers says. "Other people, like my dad, start running to improve their overall health. I think it's really important to set specific and measurable goals so you can track your progress."

Switch it up

If you think running is boring, try it in a new way. Wilpers says he grew up running the mountain biking trails in his hometown. While that may be hard to do in an urban area, cities boast amazing skyline views. Never underestimate the power of beautiful scenery to make you look forward to a run. Another new way to challenge yourself: Take a treadmill class.

Do it with a friend

Making friend-dates for a run

It's really important to set specific and measurable goals.

Matt Wilpers, running coach

and indulge in a post-workout smoothie gives you something to look forward to, with the bonus of holding yourself accountable to actually work out. "Before you start running with a friend, set expectations about the run so you can accomplish your goals," Wilpers says. "Then you can spend more time enjoying the company of your friend."

Come up with a motto

Wilpers says he has lots of mottos that he lives by, but his favourite is "Sharp Body, Sharp Mind." A running motto can keep you going and also can bleed into other areas of your life. "As long as I maintain my fitness, I think clearly and make better decisions," Wilpers says.



"Not usually one to post a paparazzi shot but this fills me with pride," Dunham wrote on her Instagram account when she posted this pic. [INSTAGRAM/LENADUNHAM](#)

BREAKUPS

Women hurt more, recover better: Study

Women endure more emotional pain when a relationship ends, but once recovered, they could be in better shape than their former other halves, a researcher says.

"Put simply, women are evolved to invest far more in a relationship than a man," says evolutionary researcher Craig Morris of Binghamton University in the U.S., who was involved in recent study on the topic. "A brief romantic encounter could lead to nine months of pregnancy followed by many years of lactation for an ancestral woman, while the man may have left the scene literally minutes after the encounter, with no further biological investment."

Although men feel less pain, they never fully recover, according to the study — they simply move on.

It's a question of biology, says Morris, remarking that women have more to lose by dating the wrong person.

"It is this risk of higher biological investment that, over evolutionary time, has made women choosier about selecting a high-quality mate," says Morris.

"Hence, the loss of a relationship with a high-quality mate hurts more for a woman."

Most of us will experience at least one breakup that causes pain significant enough to decrease our quality of life for weeks or even months, according to the study.

Working with 5,705 participants spanning 96 countries, Morris and his team asked them to rate the emotional and physical pain of a breakup on a scale that represents no pain at one

and ascends to 10, at which point the pain is unbearable.

Women reported higher levels of emotional pain, averaging 6.84 on the scale, while men averaged 6.58. Women's physical pain averaged 4.21 while men's was only 3.75.

For men, their evolution has led them to compete for women's romantic love, which Morris believes diminishes their pain upon losing a high-quality mate.

"The man will likely feel the loss deeply and for a very long period of time as it sinks in that he must start competing all over again to replace what he has lost — or worse still, come to the realization that the loss is irreplaceable," he says.

AFF

IN BRIEF

Research says women push their boundaries more with vacation sex

Study subjects: Over 850 women aged 18 to 50

Results: After participants filled out a survey measuring how risky they perceived certain tourist situations to be, researchers found that being on vacation makes women more open to sexual risk-taking and experimentation.

Being away also ups sexual confidence and makes ladies more likely to push their sexual boundaries.

Significance: Many of the women surveyed said that anonymity played a major role. The ability to anonymously participate in sexual fantasies was a big draw for some.

Others went as far as to say that sexual experimentation and erotic thrills were vacation musts. Researchers say that it's the departure from tight schedules, social judgment and everyday responsibilities that ultimately opens the door.

In other words, being away loosens inhibitions.

AFF

PSYCHOLOGY

This could get ugly: Unsmiling women may be judged harshly

Hadley Boltres
Metro in New York

Psychologist Susan Krauss Whitbourne wanted to look into why only women seemingly suffer from the so-called "resting bitch face" condition.

Men are more respected when they appear thoughtful. But women who don't smile automatically appear cold, according to the RBF theory, writes Whitbourne in a recent Psychology Today post.

Facial muscles constantly respond to one's inner fleeting emotions, she notes, but why do people quickly conclude personality traits based on facial expressions, not just emotions? We assume that the woman is a "bitch," a trait, rather than tired, worried, or angry, all fleet-

ing emotions, she says.

She looks at a study from the University of Glasgow in 2014 that may give us clues into how people judge "RBF." The study assessed dominance, trustworthiness and attractiveness in different facial expressions. The researchers found that we can communicate power and dominance, but attractiveness could not increase through facial muscle manipulations.

The study only looked at men's faces, so, Whitbourne notes, so it can't tell us how perceptions of dominance in men and women's faces differ.

"But if the RBF theory is true, women looking dominant should be perceived as less attractive than men with similar expressions," she says.



Kristen Stewart has been accused of having an RBF. [GETTY IMAGES](#)

+ HIGH AND LOW DOMINANCE

High dominance

Wrinkling the nose and snarling the lips, show dominance, according to the 2014 study.

Low dominance

Raising and lowering the brows, showing dimples, stretching the lips and lowering the chin.

Mature students face anxieties of school

When you hear “university student”, you probably think of a bright-eyed youngster, fresh out of high school. But if you’re a student that doesn’t fit that mold, campus life can feel like navigating a rainforest full of exotic wildlife. I know, because I’ve done it.

As a 31-year-old coming back to university after several years, I felt a little bit like Matthew McConaughey in *Dazed and Confused*: I’d gotten older, but everyone else had stayed the same age. I wondered: Can I actually do this?

Cheryl Shook is an instructor with the University of Toronto’s Academic Bridging Program, which helps students who’ve been out of high school for several years integrate into a university setting. She says performance anxiety is a common theme for older students.

“They’re fearful that they’re not going to be able to measure up, they’re not going to be able to do the work they see the younger students doing,” says Shook. “The mature student is worried that they won’t remember, or that they never learned in the first place.”

As a transfer student (with prior post-secondary experience), I was in a bit of a different boat, but still had those anxieties.

Fifteen years removed from high school math, my head was swimming within the first week of my calculus class. I thought of quitting.

But I buckled down and got help from my professor — who, it turns out, was younger than me. I also hired a tutor and created cue cards so my wife could help me study every night. Shook says that’s one advantage older students have: they know when and how to seek assistance.

“Life has told them that there is help out there,” says Shook. “They’ll be more vigilant in finding that academic or personal support, and they will access it.”

But I had it relatively easy, with a light course load, no kids and an accommodating work schedule. For others, the transition can be much tougher.

“The time management issue for mature students is more complicated, because their



SHUTTERSTOCK

lives are more complicated,” says Shook. “They have family obligations, they might have longer commutes, they might have financial obligations, which means they might have to work more hours.”

But Shook says that balancing their busy lives can actually help older students be more productive academically.

“They learn from experience that they need to not wait until the last minute,” she says. “Generally they get organized a lot quicker than students coming in from high school.”

I ended up doing better in my courses, at age 31, than I’d ever thought possible — maybe even better than if I’d taken them at 18.

-DANIEL SQUIZZATO

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Osuna grounded by family

BLUE JAYS

Closer's clan behind him since he was 12, playing in Japan

Roberto Osuna looked into the stands at Yankee Stadium this weekend, and there was the welcoming smiles and support from his family there to greet his every success.

Osuna gladly admits one of the biggest reasons he's as successful as he is — he's mowing down major-league hitters at 20 years old as the Blue Jays closer — stems from the bond with his father, mother, twin brothers and sister, who made up his biggest fan group this past weekend when the Jays stunned the Yankees in a three-game sweep.

There is, however, more than simply cheers and excitement for the precocious eldest son; if there's a reason Osuna has so fluidly grasped the rigours of being a major-league closer, it all reflects back to his family.

It seems they are right there on the mound with him, making every pitch. And Osuna has kept that bond in his heart and mind, ever since he left home in Los Mochis, Mexico, as a 12-year-old, to pitch in Japan. He's always pitched against players much older than he was, even at that tender age, and it's helped him acquire the mental makeup necessary to get outs as a closer, one of the major leagues' most steely and intense jobs.

"I've been in situations when I was 16 and my dad told me,

+

NOTES

Donaldson, Price named AL co-players of the week

Third baseman Josh Donaldson and starting pitcher David Price were named the American League co-players of the week on Monday.

Donaldson batted .385 (10-for-26) with nine runs scored, two doubles, five home runs with eight runs batted in over from Aug. 3 to Aug. 9.

Price went 2-0 with a 0.60 earned-run average and 18 strikeouts in 15.0 innings pitched in his first two starts with the Jays.

Stroman gets good news

Blue Jays pitcher Marcus Stroman, who tore the anterior cruciate ligament in his left knee during spring training, has been cleared to throw off the mound.

THE CANADIAN PRESS



Roberto Osuna has taken the reins as the Blue Jays closer at the age of 20.

STEVE RUSSELL/TORSTAR NEWS SERVICE

Osuna is now earning a big-league paycheck, but ever since that young age he has brought home money earned through his talents, and it's helped his family stay together under one roof without added worries of working extra jobs to feed four children.

Osuna is proud of the fact his twin 12-year-old brothers, Pedro and Alex, recently shared MVP honours at a tournament in Washington.

10

Osuna notched his 10th save of the season on Sunday

They were at Yankee Stadium, cheering him on with sister, Angie, 16, mom, Guadalupe Qintero, and his father.

Father and son sat down to

dinner in Manhattan to discuss baseball, and the son heard a familiar refrain from the father: do your job and don't try to do too much.

"(Roberto Sr.) came to New York (this past weekend) and we had a talk. We went out to dinner and I had made some mistakes against Kansas City and Minnesota, and he said to me, 'Don't try and do too much. You have 97 m.p.h., go out and make the pitch.'" TORSTAR NEWS SERVICE

≡

IN BRIEF

NHLPA files grievance over Richards' termination

The NHL Players' Association has filed a grievance on behalf of centre Mike Richards, contesting the termination of his contract by the Los Angeles Kings.

The Kings terminated the final five years of Richards' contract on June 29, saying the two-time Stanley Cup champion committed "a material breach" of his deal.

The team and Richards have said nothing else about the circumstances of his termination. But Richards was expected to fight it, since he was due another \$22 million.

THE ASSOCIATED PRESS

Probe into Kane involves woman in her 20s: Source

A person familiar with the police investigation of Chicago Black-hawks star Patrick Kane tells The Associated Press that it involves something that happened between the player and a woman in her 20s.

The person spoke on condition of anonymity Monday because authorities have not revealed any details of the investigation being conducted by Hamburg police.

THE ASSOCIATED PRESS



Patrick Kane

GETTY IMAGES



Serena Williams has won four tournament titles this year, three of which were Grand Slams. GETTY IMAGES

TENNIS

Serena focused on Rogers Cup, not U.S. Open

One by one, the top eight seeds at this week's Rogers Cup met with reporters in a VIP lounge at the Aviva Centre, and they attempted to handicap the chances of a Serena Slam.

And one by one, this week's top contenders said they liked Serena Williams' chances of capturing the U.S. Open, and everyone was talking about her laying claim to all four Grand Slam titles at once.

Well, everyone except Williams.

The U.S. Open starts in three weeks, and the world's top player

“

You don't want to see her in your draw.

Garbiñe Muguruza

says she'll worry about it then. In the meantime, she's focused on staying undefeated and healthy between now and the Rogers Cup final on Sunday.

"I'm not thinking ahead to the (U.S.) Open right now because I'm right here in Toronto," said

Williams, a three-time Rogers Cup champion. "For me it's important to stay in the moment."

At 33, Williams is having the best season of her pro career. She has lost just once in 2015 — to Petra Kvitova, seeded third in Toronto this week. Williams has also lost three matches by walkover, most recently in July when a sore elbow forced her to forfeit a second-round match at the Swedish Open.

But besides those hiccups, Williams has dismantled top competition in high-profile events. Of her four tournament titles

+

ROUND 1

Gabriela Dabrowski of Ottawa lost 6-4, 6-1 to Flavia Pennetta on a rain-filled Monday at the Rogers Cup.

this season, three have been Grand Slams.

Among her competitors, Williams' late-career dominance has inspired admiration or consternation, depending on whom you ask.

A July feature in the New York

Times referred to how other top women players "chose not to emulate" her physique, even as Williams outclassed them on the court.

But the players speaking to the media Monday afternoon uniformly respected Williams' skill and longevity.

"Obviously Serena is a level above us when she's playing well," said fourth-seeded Caroline Wozniacki.

Williams begins the tournament later this week against Italy's Flavia Pennetta.

TORSTAR NEWS SERVICE

Canadians at full speed

PARAPAN 2015

Athletes win gold medals at track, pool and velodrome

Jason Dunkerley got Canada's track and field team off to a winning start at the Parapan American Games on Monday.

The visually impaired runner

from Ottawa raced to gold in the men's 5,000-metre T11 event, finishing with his guide Josh Karanja in a Games-record time of 15 minutes 39.54 seconds.

Chile's Cristian Valenzuela Guzman was second in 16:21.31 while Ecuador's Darwin Castro was third in 16:34.91.

Wheelchair athlete Josh Cassidy of Port Elgin, Ont., also raced his way to the podium on Day 1 of the track meet at the CIBC Pan Am/Parapan Am

Athletics Stadium, taking silver in the men's 5,000 T54 race. He finished second to American Daniel Romanchuk in 11:44.92.

In other early results Monday, swimmer Aurelie Rivard of St-Jean-sur-Richelieu, Que., won gold in the women's S10 100-metre butterfly, adding to the silver she won in breaststroke earlier in the Games, while teammate Samantha Ryan of Saskatoon captured the silver.

There was more gold at the

velodrome as visually impaired cyclist Daniel Chalifour of Mont-Laurier, Que., along with guide Alexandre Cloutier, won the mixed individual pursuit ahead of Colombia and Brazil.

Karen Van Nest of Warton, Ont., settled for silver in women's archery, blaming jitters in front of the home crowd for partially costing her gold.

Jane Karla Gogel of Brazil edged Van Nest 140-132.

THE CANADIAN PRESS



Alexandre Cloutier and Daniel Chalifour of Canada react to the crowd after winning gold in the 4,000-metre tandem pursuit track cycling event. NATHAN DENETTE/THE CANADIAN PRESS

SPORT EXPERTS

Toronto still lacking as Olympics bid nears

Toronto has invested in world-class sports facilities since its last bid to host the Olympics, but some experts say the city must do more to foster sports and recreation in the community if it hopes to make — and win — a third pitch for the Games.

Concerns over residents' access to sports and recreation were raised during Toronto's bid for the 2008 Summer Olympics, and some in the sports community say the city still struggles to keep up with demand for public sports infrastructure despite the construction of new elite venues for the Pan Am and Parapan Am Games.

The city still lacks a "realistic, sustainable" plan to bolster sports and physical activity and make them more accessible to lower-income residents, said Bruce Kidd, a University of Toronto expert on Canadian sport and the Olympics.

"While we started that, we haven't done it significantly," he said in a recent interview. "We've got to do a much better job."

New rules set by the International Olympic Committee emphasize social as well as economic sustainability. "If they walk the talk, they'll be asking about that and they'll want evidence of a much greater invest-

ment in sports and physical activity in Toronto than we have now," Kidd said.

Talk of another Olympic bid began before the Pan Am Games ended on July 26. The Canadian Olympic Committee is firmly in favour, but Toronto Mayor John Tory says he wants to wait

until after the Parapan Am Games — which end Saturday — to make a decision.

Cities interested in hosting the 2024 Summer Games have until Sept. 15 to express their interest

“

The city does its best to keep up with the demand but there just aren't enough fields of play.

Heather Mitchell, chair of the Toronto Sports Council

formally.

An Olympic bid could be the catalyst the city needs to invest in crucial neighbourhood facilities, said Heather Mitchell, chair of the Toronto Sports Council, an organization created to promote sports after the 2008 failed bid.

"The City of Toronto does its best to keep up with the demand but there just aren't enough fields of play," largely due to budget restrictions, she said. Cricket enthusiasts are forced to play in nearby Brampton, while soccer fields and baseball diamonds are chronically over-booked, she said. Many pools are located in schools and only available during limited hours, she added. THE CANADIAN PRESS

IN BRIEF

Pollution suspected as U.S. rowers fall ill in Rio

Thirteen rowers on the 40-member U.S. team came down with stomach illness at the World Junior Rowing Championships — a trial run for next summer's Olympics — and the team doctor said she suspected it was due to pollution in the lake where

the competition took place.

The event took place amid rising concerns about the water quality at venues for the 2016 Rio de Janeiro Olympics.

The Americans were by far the hardest hit at the regatta, with reports of vomiting and diarrhea.

THE ASSOCIATED PRESS

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RECIPE Baked Chicken Caprese with Bocconcini and Tomato



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Serves 4

Ready in

Prep time: 10 minutes

Cook time: 17 minutes

Ingredients

- 8 boneless, skinless chicken thighs
- 1/4 cup all-purpose flour
- 2 Tbsp grated Parmesan cheese
- Salt and pepper
- 2 tsp vegetable oil
- 6 oz bocconcini cheese, sliced into 8 thin slices
- 2 plum tomatoes, sliced horizontally into rounds (1/4" thick)
- Chopped fresh basil
- Balsamic Glaze (optional)
- 1/3 cup balsamic vinegar
- 2 Tbsp maple syrup

Directions

1. Preheat oven to 400 F.
2. Place flour, Parmesan and salt

and pepper in dish. Coat chicken in mixture on both sides.

3. In a large hot skillet, sprayed with vegetable spray, add oil and sauté chicken just until browned on both sides, about 5 minutes.

4. Place chicken in baking dish. Baked for about 10 minutes or until chicken reaches 165 F.

5. Place cheese over

top chicken.

6. Set oven to broil. Add chicken dish back in oven and broil for 2-3 minutes until cheese melts.

7. Garnish with tomato and fresh basil.

8. Glaze: In a small skillet, add balsamic vinegar and maple syrup. Bring to a boil and cook for 1-2 minutes, just until bubbles cover entire surface. Drizzle over chicken.

Nutrition per serving

- Calories 290
- Protein 10g
- Carbohydrates 40g
- Total fat 11 g

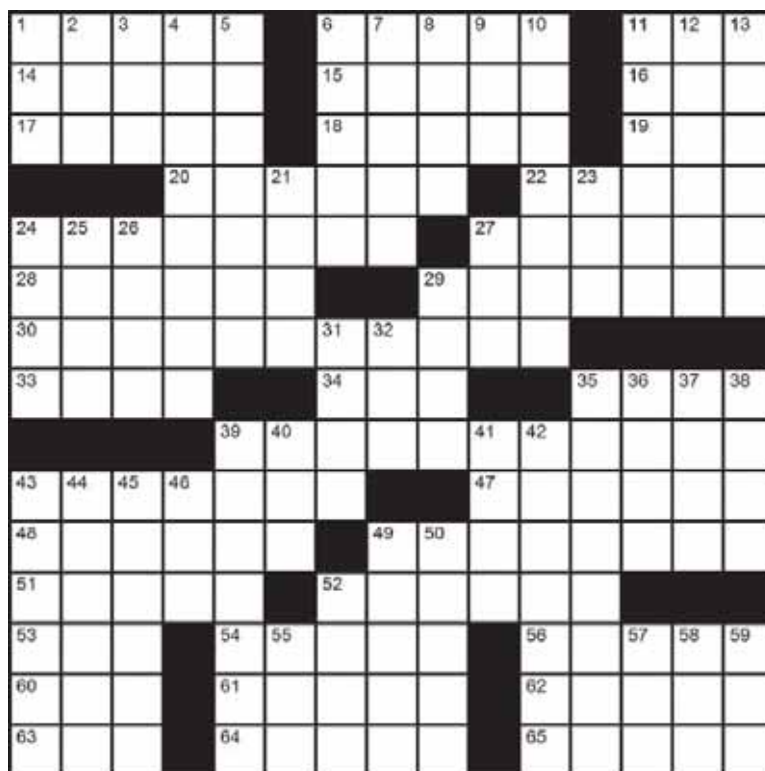
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Canadian pickles brand
6. Chocolate substitute
11. Booker T.'s backup
14. Gregorian _
15. "Drop me _," (E-Mail me!)
16. Ginger _
17. Voyageur's craft
18. "Rasputin": 1978 disco hit for _ M
19. Hockey great Mr. Robitaille
20. Encrusting
22. Pontificate
24. The Ugly _ by Hans Christian Andersen
27. Eaten away
28. Resounded
29. Washing _
30. Name of Quebec's flag
33. Gus Van _ (Film director)
34. _ Tac-Toe
35. Restaurant receptacle
39. _ _ (Thingy on the last letter of the answer to #30-Across, as well as on the last letter of #10-Down's answer)
43. Madonna song with a beach music video
47. Older, to a Scot
48. Teacher's correcting pen content: 2 wds.
49. Most weepy
51. Vocally drop a sound/syllable from a word, as per Rockin' instead of Rocking



52. Oscar-winning actress Hilary's
53. Western prov.
54. HBO political satirist Bill
56. French writer Mr. Zola
60. Address book no.
61. There's _ _ to

- it (It requires some finesse)
62. Up-and-coming Canadian singer/songwriter Francesco
63. Poetry's 'Before'
64. Stage in a dragonfly's life cycle
65. Rap star, _

Dogg

DOWN

1. E-Mail sending option [acronym]
2. Smashing Pumpkins co-founder James
3. Pepsi holder
4. Blow to end the boxing bout

5. Thief
6. Mountain retreat
7. Sing- _
8. Tree growth indicator
9. 1969 Three Dog Night hit
10. Sasha Fierce's alter ego

11. Country in Africa where Lilongwe is the capital
12. _-free bread
13. Break from a group
21. Captain William _ (Sailor hanged for murder and piracy in 1701)
23. Go team!
24. Meanings of words [abbr.]
25. Calif. campus
26. CBS' "Big Brother" host Julie
27. Station fuel
29. House critters
31. Carve into stone
32. Driver's need, briefly
35. Amulet
36. Drive
37. Many a moon
38. Portable dwelling of Mongolia
39. Offensive _ (Football position)
40. Call upon
41. Flatbread variety
42. Flops
43. Produce
44. Joseph _ (Catch-22 novelist)
45. What food is
46. Eliminate
49. Jerk
50. Orbiting astronaut's view
52. Deception
55. "Pick a card, _ card..."
57. '90s judge
58. Mr. DiCaprio, to pals
59. Clairvoyance, commonly

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You honestly believe there is nothing you cannot do and that may be true, but don't get so carried away with your own brilliance today that you miss a small but important detail.

Taurus April 21 - May 21
If you rely too much on other people now you will no doubt regret it later on when you discover that they don't know what they are talking about. Sometimes you can be a bit too easygoing.

Gemini May 22 - June 21
Even if you expect the unexpected over the next few days there will still be something that catches you out. The good news is it will be something you like.

Cancer June 22 - July 23
Everything is so quiet at the moment that you could be lulled into a false sense of security. Be careful you don't agree to something that is not in your best interests. You don't have to go along with what others want.

Leo July 24 - Aug. 23
You are entitled to feel pleased with yourself for what you have done, but what you have achieved in recent weeks is only the first stage.

Virgo Aug. 24 - Sept. 23
Your mind has been a bit muddled of late, so don't make any hasty changes. Jupiter's move into your sign today means good things are sure to come your way, but there is no time limit on success.

Libra Sept. 24 - Oct. 23
You seem to be finding it hard to put your thoughts into words at the moment but it could work in your favour as it means you are less likely to give away any secrets.

Scorpio Oct. 24 - Nov. 22
You have come through difficult times relatively unscathed and, more importantly, with your head held high, but don't get carried away because there are more challenges to come.

Sagittarius Nov. 23 - Dec. 21
Are your ideas touched by genius? Some say so, while others say you are mad. But who cares what other people think? It's what you want that matters.

Capricorn Dec. 22 - Jan. 20
The more reserved you have been in recent weeks the more likely it is you will give in to wild abandon. Don't worry too much if you make a spectacle of yourself.

Aquarius Jan. 21 - Feb. 19
You need to admit that you have taken a turn that you did not intend. You need to go back and do something about it. Unless you are enjoying this unexpected diversion.

Pisces Feb. 20 - March 20
Nothing in life happens without a reason and if you bear that thought in mind it should make it easier to deal with an event that on the surface seems senseless. Something sparked it off.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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